



MENTAL HEALTH RESOURCE HOTLINES!

If you or anyone you know that needs help or someone to speak with please reach out to any of these numbers or any of your ACF brothers and sisters.

Shawn Kohlhaas - President – Grand Rapids ACF – 616-856-7775

Support Hotlines:

- Arbor Circle: 616-456-6571
- The Bridge: 616-451-3001
- Bethany Christian Services: 616-224-7550
- Catholic Charities of W. Michigan: 616-456-1443
- Christian Counseling Center: 616-956-1122
- D.A Blodgett svc. For children and families: 616-451-2021
- Family Outreach Center: 616-247-3815
- Forest View Hospital: 616-942-9610
- F.V. Assessment and Referral Center 800-949-8439
- Heart of the City Health Center 616-965-8200
- Leonard Street Counseling Center: 616-954-1991
- Native American Family Services: 616-451-6767
- Network 180: 616-336-3909
- Pine Rest Christian Mental Services: 616-455-9200
- Pine Rest Central Access: 616-852-4001
- Wedgewood Christian Services: 616-942-2110
- YMCA of GR: 616-459-4652
- National Suicide Prevention Hotline: 800-784-2433
- National Suicide Lifeline: 800-273-8255